



Welcome to the September 2022 issue of the LeadingAge California **iNSPIRE** Project's monthly newsletter! Every month, we will share important project updates, best practices, and success stories and pictures. Get ready to be inspired!

The **I**ntegrate **fuN**, **S**ustainable, **P**rogramming that is **I**nnovative, **R**ewarding and **E**nriches (**iNSPIRE**) Project provides skilled nursing communities with no-cost iN2L engagement technology, which offers thousands of computer-based experiences aimed at improving quality of life, reducing psychotropic drug use, providing stress relief, and much more.

For more information, visit the iNSPIRE Project [website](#). Funded through a CMP grant awarded by CDPH and CMS Region IX.

Just Press Play...on iN2L!

Leslie Sweeney, iN2L Co-Founder and Content Creation Manager, will host a quick 30-minute session to share the details of the changes recently made to the "Play" section, answer your content questions, and gather your insight and ideas on what could make iN2L even better!

Join us for this 30-minute session on **Wednesday, September 28 from 2:00 p.m. - 2:30 p.m.**

Denver-based iN2L was co-founded in 1992 by Leslie Sweeney and Silicon Valley veteran Jack York, growing from a mission to donate computers to assisted living communities and nursing homes in Southern California.

[Register Here!](#)

Days to Remember in September

September is the ninth month of the year and is full of important days and dates. If you're looking for a last-minute activity to add to your calendar, consider using content on your iN2L system to celebrate one or all of these days in September.

September 21

World Alzheimer's Day

September 21st every year is World Alzheimer's Day around the world. This is an international campaign aimed at raising awareness and challenging the common stigma that surrounds Alzheimer and related dementia.

September 23

Autumnal Equinox

The autumnal equinox is an astronomical event that marks the start of autumn. In the Northern Hemisphere, the autumnal equinox occurs in September; in the Southern Hemisphere, it occurs in March.

September 28

National Drink Beer Day

Get your pint glasses ready! Crack open a cold one and make a toast to one of the oldest and most popular beverages in the world.

September 30

National Love People Day

On National Love People Day you get the opportunity to love everyone; your neighbor, your coworker, people from all walks of life, no matter race, creed or color. The only requirement for this day is to love!

Pro Tip: Find fun and engaging iN2L content ideas for these dates and more in the [iN2L Help Center](#).

We Want to Hear From You!

Do you have pictures of residents engaging with and enjoying the iN2L tablets or 23" Group Engagement system? Or do you have a story of a staff member that has embraced your iN2L program and taken it to new heights?

In the final year of the iNSPIRE Project, we want to highlight the work you've done and share your successes. Don't be shy, we want to hear from you!

Please [email](#) any pictures or stories to Director of CMP Grants, Amanda Davidson, or call (916) 469-3385 with any questions.

Coming Soon

Don't forget to add these important dates to your calendar!

Just Press Play...on iN2L!

Wednesday, September 28

2:00 p.m. - 2:30 p.m.

Register [here](#)

Leslie Sweeney, iN2L Co-Founder and Content Creation Manager, will host a quick 30-minute session to share the details of the changes recently made to the "Play" section, answer your content questions, and gather your insight and ideas on what could make iN2L even better!

2022 Quarterly Reporting Due Dates:

CASPER Report, Quality of Life (QOL), and Activity Participation Surveys

December 16, 2022

Go to the iNSPIRE Project [website](#) to download and print the Quarterly Reporting Due Dates form and add it to your program binder or an office bulletin board.

The iNSPIRE Project supports a study including up to 30 residents in our 60 participating skilled nursing communities and includes an evaluation to determine changes over time. Your facility-level CASPER report, Quality of Life (QOL), and Activity Participation surveys are important evaluation tools and your timely submission of these are greatly appreciated every quarter.

[LeadingAge California](#) represents California's broadest spectrum of providers of housing, care and services, serving hundreds of thousands of older adults. It launched the [Age On. Rage On.](#) campaign to spotlight the urgent need to develop a Master Plan for Aging in California. [Click here to read the latest news by LeadingAge California.](#)

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