



Welcome to the November 2022 issue of the LeadingAge California **iNSPIRE** Project's monthly newsletter! Every month, we will share important project updates, best practices, and success stories and pictures. Get ready to be inspired!

The **I**ntegrate **fuN**, **S**ustainable, **P**rogramming that is **I**nnovative, **R**ewarding and **E**nriches (**iNSPIRE**) Project provides skilled nursing communities with no-cost iN2L engagement technology, which offers thousands of computer-based experiences aimed at improving quality of life, reducing psychotropic drug use, providing stress relief, and much more.

For more information, visit the iNSPIRE Project [website](#). Funded through a CMP grant awarded by CDPH and CMS Region IX.

Q&A with Liz Cole-Salcido: The iN2L Experience

Artesia Christian Home Skilled Nursing is one of sixty skilled nursing facilities participating in the iNSPIRE Project. Recently, Liz Cole-Salcido, Social Services Program Director, sat down to discuss how iN2L has positively impacted residents and staff.

Q: How has utilizing the iN2L systems impacted your residents? Do you have a specific story of a resident using the iN2L systems?

A: We have a resident who loves her tablet and when she gets up to use the restroom, she tells everyone that the tablet is hers and not to touch it. She is worried about the battery dying and asks staff to charge it for her. She gets involved in group activities, but still loves to use her tablet.

Q: What do residents and staff like most about the 23" Group Engagement system?

A: Residents love the gameshows and movies, and the Bose speaker is awesome! The staff liked using it for hallway activities during COVID and it helped so much while everyone was in their rooms. We even used our community channel TV system to broadcast iN2L trivia content.

Q: What do residents and staff like most about the tablets?

A: Residents like to be in the dining area eating with their own tablet watching travel videos and slideshows. It is also nice for staff to be able to provide tablets to family members during visits, especially visits with residents living with dementia.

Q: Would you recommend iN2L to other providers and communities like yours?

A: Yes! A lot of facilities could benefit from iN2L. Many young activity staff are inherently good with new technology and quickly learn how to use iN2L.

Days to Remember in December

December is the twelfth and final month of the calendar year. If you are looking for a fun celebration to add to your December activity calendar, consider using content on your iN2L system to celebrate one or all of these upcoming days.

December 2

National Mutt Day

Also known as National Mixed Breed Dog Day, National Mutt Day is all about embracing, saving, and celebrating mixed breed dogs. Did you know that one of the country's most famous movie dogs is Benji, a mixed breed Terrier?

December 10

Human Rights Day

Each year, Human Rights Day has a different theme. In 2022, Human Rights Day is focusing on how rights are the beginning of peace within societies, and a way to create a fairer society for future generations.

December 13

National Day of the Horse

Did you know that horses can sleep standing up and that they have ten different muscles in their ears? These magnificent and fascinating creatures have coexisted amongst humans for a very long time, and have been used for trade, travel, combat, and entertainment.

December 30

National Bacon Day

With the United States being the third-largest producer and consumer of pork and pork products, it is no wonder that December 30 is National Bacon Day! In the 1980's, Hardees was one of the first fast-food companies to add bacon to their sandwich.

Pro Tip: Find fun and engaging iN2L content ideas for these dates and more in the [iN2L Help Center](#).

What You Need to Know About Your iN2L Subscription

By the end of 2022, your grant-funded iN2L subscription will come to an end and the 23" Group Engagement system and three tablets are yours to keep. Depending on when your iN2L subscription began in 2020, your 24-month subscription will end this October, November, or December.

We hope that your residents have enjoyed and benefited from having iN2L in your community and encourage you to begin thinking about how your community might maintain the monthly subscription at your own cost.

If you have questions about your iN2L subscription, you can contact iN2L's Customer Success Manager, Carmeli Hocson, by [email](#) or phone at (303) 806-0797 ext. 180.

We Want to Hear From You!

Do you have pictures of residents engaging with and enjoying the iN2L tablets or 23" Group Engagement system? Or do you have a story of a staff member that has embraced your iN2L program and taken it to new heights?

In the final year of the iNSPIRE Project, we want to highlight the work you have done and share your successes. Don't be shy, we want to hear from you!

Please [email](#) any pictures or stories to Director of CMP Grants, Amanda Davidson, or call (916) 469-3385 with any questions.

Coming Soon

Don't forget to add these important dates to your calendar!

2022 Quarterly Reporting Due Dates: CASPER Report, Quality of Life (QOL), and Activity Participation Surveys

December 16, 2022

Go to the iNSPIRE Project [website](#) to download and print the Quarterly Reporting Due Dates form and add it to your program binder or an office bulletin board.

The iNSPIRE Project supports a study including up to 30 residents in our 60 participating skilled nursing communities and includes an evaluation to determine changes over time. Your facility-level CASPER report, Quality of Life (QOL), and Activity Participation surveys are important evaluation tools and your timely submission of these are greatly appreciated every quarter.

[LeadingAge California](#) represents California's broadest spectrum of providers of housing, care and services, serving hundreds of thousands of older adults. It launched the [Age On. Rage On.](#) campaign to spotlight the urgent need to develop a Master Plan for Aging in California. [Click here to read the latest news by LeadingAge California.](#)

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Amanda Davidson | LeadingAgeCA
1315 I Street, Suite 100, Sacramento, CA
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