

LeadingAge^{CA}

iNSPIRE

Quality of Life Improvement Project

Welcome to the March 2021 issue of the LeadingAge California **iNSPIRE** Project's monthly newsletter! Every month, we will share important project updates, best practices, and success stories and pictures. Get ready to be inspired!

The **I**ntegrate **f**u**N**, **S**ustainable, **P**rogramming that is **I**nnovative, **R**ewarding and **E**nriches (**iNSPIRE**) Project provides skilled nursing communities with no-cost iN2L engagement technology, which offers thousands of computer-based experiences aimed at improving quality of life, reducing psychotropic drug use, providing stress relief, and much more.

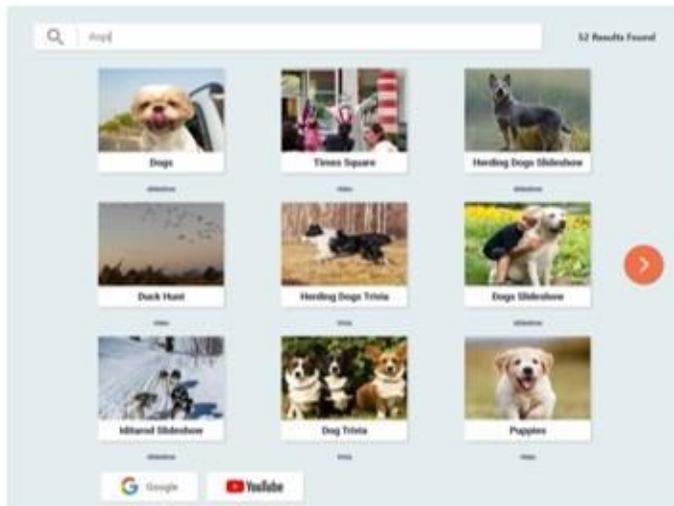
For more information, visit the iNSPIRE Project [website](#). Funded through a CMP grant awarded by CDPH and CMS Region IX.

New Version of iN2L Coming Soon

During the month of April, your group engagement system will be converted to a new version of iN2L. The system must be on and connected to Wi-Fi for the conversion to be successful. The new and enhanced version of iN2L includes features and upgrades that make enjoying iN2L content and program even easier. Standout new features include:

Search feature for quick and easy searching of iN2L content, Google, and YouTube.

iN2L Search Feature



How you can search for any specific key term and it will generate and populate any content related to that term, making it easy for you to locate a particular program without memorizing the exact pathway.

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New home page that includes easier navigation, with content organized under simple action words like Watch, Listen, Play, and Worship to help you quickly access desired programming choices. Would you like to help your residents watch something? Just tap the Watch button to see the options. It's that simple!

iN2L Home- Providing over 4,000 engaging & stimulating programs that meet your residents at their current aging state, both physically and cognitively!



Listen- Audio based programs
Watch- Visual based programs
Relax- Calming, relaxing and sensory based programs
Play- Interactive games and trivia to play and engage
Travel- Safely & Virtually travel the world through guided tours and the full-on travel experience
Reminisce- Jog the memory based on past interests and hobbies
Learn- Opportunity to educate and learn on specific topics
Worship- Providing spiritual comfort and peace through sermons, devotions, hymns, live mass and rosary
Exercise- Physical and Cognitive exercises
Therapy- Programs for each discipline & ideas for PDPM
For Staff- iN2L Training resources, activities programming/planning, ongoing education and in-service opportunities, internet

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Quick Start access so all staff (even those who haven't had iN2L training) and even volunteers can find content at their fingertips.

Idea Board with recommendations for content you might not have tried, full of ideas from iN2L's content team to help expand your programming.

If you have questions, please [email](#) your CA iNSPIRE Customer Success Manager, Carmeli Hocson or call (303) 806-0797 ext. 180.

Remembering Residents Lost to COVID-19

For over a year, the COVID-19 pandemic has upended nearly every facet of daily life. Many have lost friends, family members, and loved ones to the virus. To memorialize residents lost over the past year, Lone Tree Post Acute in Antioch is planning a special event.

Activity Director Rosemarie Angeles reached out to the in-house Chaplain requesting a live virtual vigil for residents, staff, and family members using a video chat app on the iN2L group engagement system and tablets. Everyone will be invited to share cherished memories of residents who passed away, followed by a short hallway procession.

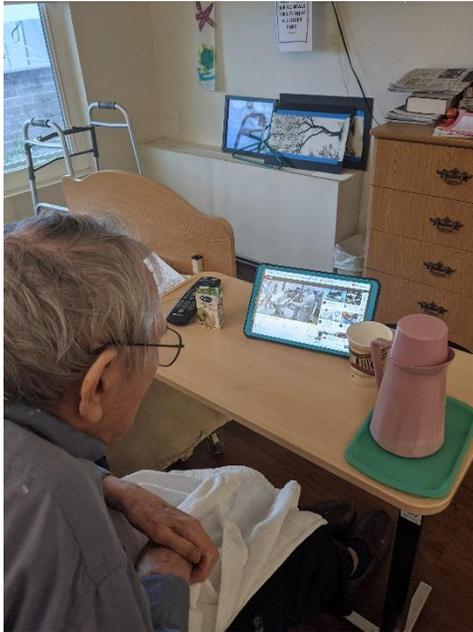
The procession will be accompanied by hymns and prayers. They will be played on the battery pack-powered group engagement system which will be wheeled from room to room. The procession will end in the dining area with snacks and a wall of remembrance, where staff and residents can leave handwritten notes for those who have passed.

Still in its early planning stages, Rosemarie knows how meaningful this event will be for everyone at Lone Tree Post Acute. For her, it's personal. Her mother, a long-term resident at the community, passed away on January 7, 2021.

iN2L Is Out of This World!

Cayla Johnson

Life Enrichment Specialist, Villa Gardens Health Center



"This picture is of a resident who used to be an engineer for JPL (Jet Propulsion Laboratory), so I put on a live stream of the Mars landing for him to watch, which he had read about in the newspaper and was very excited about."

If you'd like to share a photo or story to be featured in this newsletter, click [here!](#)

Coming Soon

Don't forget to add these important dates to your calendar!

iNSPIRE Project Best Practices Meeting: Multidisciplinary Involvement

Wednesday, March 31

2:00 PM - 2:30 PM

Register [here!](#)

Erin Rorar, grant program facilitator at Concordia at Sumner in Copley, Ohio, will share

her experience working with and involving a multidisciplinary team in the community's grant-funded iN2L program.

Attend this 30-minute best practices meeting to get your iNSPIRE Project questions answered. Your support team and your peers will be available to respond to your questions, offer solutions and best practices, as well as share a few tips and tricks. This is an optional and informal meeting designed to support you and the implementation and integration of the iN2L program in your community. These best practices meetings will be held monthly.

LeadingAge CA Connect:

An iNSPIRE Project Online Forum



Welcome to LeadingAge CA Connect: a social platform designed specifically for you. LeadingAge California launched this social media platform in hopes of giving iNSPIRE Project participants their very own spot on the web to interact, learn and connect with others. Your first LeadingAge CA Connect email message will arrive in your inbox in March!

Here are some of the features of LeadingAge CA Connect:

- Discussion Forums
- Email Notifications
- Ability to reply to posts via email
- Group Resources, News, Events, and Links
- Private Messages

2021 - 2022 Quarterly Reporting Due Dates:

CASPER Report and Quality of Life (QOL) Surveys

March 19, 2021

June 18, 2021

September 17, 2021

December 17, 2021

March 18, 2022

June 17, 2022

September 16, 2022

December 16, 2022

Go to the iNSPIRE Project [website](#) to download and print the Quarterly Reporting Due Dates form and add it to your program binder or tack it up on an office bulletin board.

The iNSPIRE Project supports a study including up to 30 residents in our 60 participating skilled nursing communities and includes an evaluation to determine changes over time. Your facility-level CASPER report and QOL surveys are important evaluation tools and your timely submission of both are greatly appreciated every quarter.

[LeadingAge California](#) represents California's broadest spectrum of providers of housing, care and services, serving hundreds of thousands of older adults. It launched the [Age On. Rage On.](#) campaign to spotlight the urgent need to develop a Master Plan for Aging in California. [Click here to read the latest news by LeadingAge California.](#)

Questions? Please Contact Us.

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