

The logo for LeadingAge CA, featuring the word "LeadingAge" in a green, sans-serif font and "CA" in a black, sans-serif font.The word "iNSPIRE" in a large, bold, orange, sans-serif font.The words "Quality of Life Improvement Project" in a black, serif font, with "Quality of Life" in italics.A photograph of an elderly woman with short, grey hair and glasses, wearing a white cardigan over a light-colored top. She is sitting outdoors and looking at a white tablet computer she is holding in her hands. The background shows trees and a bright sky.

Welcome to the February 2021 issue of the LeadingAge California **iNSPIRE** Project's monthly newsletter! Every month, we will share important project updates, best practices, and success stories and pictures. Get ready to be inspired!

The **I**ntegrate **fuN**, **S**ustainable, **P**rogramming that is **I**nnovative, **R**ewarding and **E**nriches (**iNSPIRE**) Project provides skilled nursing communities with no-cost iN2L engagement technology, which offers thousands of computer-based experiences aimed at improving quality of life, reducing psychotropic drug use, providing stress relief, and much more.

For more information, visit the iNSPIRE Project [website](#). Funded through a CMP grant awarded by CDPH and CMS Region IX.

iN2L Introduces SaltboxTV

iN2L has partnered with SaltboxTV to bring access to the first-ever streaming service dedicated to older adults. Featuring appearances by Ed Asner, David Chase, James Burrows, and more, SaltboxTV hosts a range of programs including music, faith, original shows, old-time classics, and programs created with the support of senior citizen professionals from Hollywood and Broadway. With new programs added weekly, your residents will never run out of things to watch!

How to Access SaltboxTV

Go to the Music, TV & Film button on the home screen then click/tap on the SaltboxTV button to start watching.

Reminder

Please make sure your system is powered on and connected to the internet to ensure full download of the SaltboxTV update. iN2L's Technical Support team is always on call if you need help getting started with great new iN2L content. If you have any questions about your iN2L systems, please contact help@iN2L.com or 303-806-0797 ext. 2.

First Best Practices Meeting a Success

The iNSPIRE Project has launched three new and exciting resources for you to take full advantage of - this monthly newsletter, an online forum for project participants to connect with each other (stay tuned!), and a monthly peer-to-peer Best Practices Meeting, held virtually. The first meeting, on January 27, was kicked off by two communities who graciously shared their iN2L implementation experience over the past few months. If you were unable to attend the meeting, here are a few takeaways:

Create an Atmosphere of Excitement

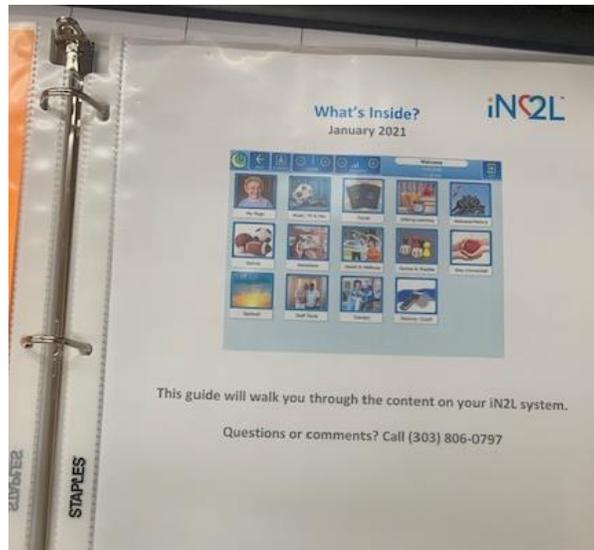
It was reinforced several times that the importance of buy-in, from both staff and residents, is imperative. Starting a new program can be overwhelming, but getting people excited from the get-go will guarantee a high level of future participation. iN2L content that residents and staff are currently excited about and enjoying are the slot machine games, the video chatting and text message feature, For a Good Cause (or often referred to as “the rice game”), and book club and travel content.

"Take the Fear Away"

When Director of Social Services, Liz Cole-Salcido, started to utilize iN2L at Artesia Christian Home Skilled Nursing, she sensed apprehension from staff. Their apprehension was understandable as this was brand-new technology that, for some, came with a learning curve. Liz encouraged staff to not be afraid to use the technology. She empowered staff to take ownership over the program and to be fearless.

Organization is Key

When Activity Program Director, Loren Apodaca, launched the iN2L program at West Anaheim Extended Care, one of the first things she did was create a binder. Loren went to the [iN2L print website](#) (Login: Bob.smith@in2lmail.com, Password: Huskers1) and printed out a variety of resources and guides that she found there. She uses the binder as a step-by-step resource for staff who may be new to iN2L. Its contents include the iN2L tablet guide, infection control guide, and Mobile Flex guide.



Thank you to Liz Cole-Salcido, Liz Pena, and Mary Jane Neri (Artesia Christian Home Skilled Nursing), and Loren Apodaca (West Anaheim Extended Care) for sharing their experience and words of wisdom.

Don't miss February's Best Practices Meeting - scroll down to the Coming Soon section for additional information and to register.

Art With Elders at The Reutlinger Community



The Reutlinger Community's Art With Elders (AWE) 28th Annual Show & Artist Celebration went virtual in 2020.

Residents used the iN2L Mobile Flex to experience the AWE virtual museum and feature their personal pieces.

"One of our favorite features of the interactive iN2L system is that it provides an opportunity for our residents to connect with the world around them, particularly with their family and friends," said Alyssa Porras, SNF Life Enrichment Coordinator.

We want to hear from you! If you'd like to share a photo or story to be featured in this newsletter, click [here](#)!

Coming Soon

Don't forget to add these important dates to your calendar!

iNSPIRE Project Best Practices Meeting: Care Plans

Wednesday, February 24

2:00 PM - 2:30 PM

Register [here!](#)

Calling all social workers and social services directors - this month we're focusing on care plans! Melonie Tindall, iN2L Senior Customer Success Manager, will share her experience and insight with incorporating iN2L into clear and effective care plans.

Attend this 30-minute best practices meeting to get your iNSPIRE Project questions answered. Your support team and your peers will be available to respond to your questions, offer solutions and best practices, as well as share a few tips and tricks. This is an optional and informal meeting designed to support you and the implementation and integration of the iN2L program in your community. These best practices meetings will be held monthly.

2021 - 2022 Quarterly Reporting Due Dates:

CASPER Report and Quality of Life (QOL) Surveys

March 19, 2021

June 18, 2021

September 17, 2021

December 17, 2021

March 18, 2022

June 17, 2022

September 16, 2022

December 16, 2022

Go to the iNSPIRE Project [website](#) to download and print the Quarterly Reporting Due Dates form and add it to your program binder or tack it up on an office bulletin board.

The iNSPIRE Project supports a study including up to 30 residents in our 60 participating skilled nursing communities and includes an evaluation to determine changes over time. Your facility-level CASPER report and QOL surveys are important evaluation tools and your timely submission of both are greatly appreciated every quarter.

[LeadingAge California](#) represents California's broadest spectrum of providers of housing, care and services, serving hundreds of thousands of older adults. It launched the [Age On. Rage On.](#) campaign to spotlight the urgent need to develop a Master Plan for Aging in California. [Click here to read the latest news by LeadingAge California.](#)

Questions? Please Contact Us.

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