

iINSPIRE

*Quality of Life
Improvement Project*



Welcome to the August 2022 issue of the LeadingAge California **iINSPIRE** Project's monthly newsletter! Every month, we will share important project updates, best practices, and success stories and pictures. Get ready to be inspired!

The **Integrate fuN, Sustainable, Programming that is Innovative, Rewarding and Enriches (iINSPIRE)** Project provides skilled nursing communities with no-cost iN2L engagement technology, which offers thousands of computer-based experiences aimed at improving quality of life, reducing psychotropic drug use, providing stress relief, and much more.

For more information, visit the **iNSPIRE** Project [website](#). Funded through a CMP grant awarded by CDPH and CMS Region IX.

iN2L Tablet Training with Carrie Aalberts

iN2L's tablets help residents maintain the social connections and cognitive stimulation they need to thrive. From shared moments with friends to interacting with family or exploring content they love, the iN2L tablet puts residents in control of their engagement.

This one-hour iN2L training on **Wednesday, August 31 from 2:00 p.m. - 3:00 p.m.** will explore new ways for staff to:

- Connect and engage residents during COVID-19 shutdowns
- Utilize the tablets for residents with dementia
- Identify new content

Carrie Aalberts is an Implementation Success Manager with iN2L. She has her Master of Science focused in Gerontology and has worked alongside seniors for the last ten years.

She specializes in dementia care and engagement with experience in various settings such as adult day care and assisted living.

[Register Here!](#)

15 iN2L Trainings Completed in July

Congratulations to the 15 skilled nursing facilities that completed their two-hour competency training in July!

Three of iN2L's expert trainers provided an extensive iN2L training on the 23" Group Engagement system and tablets for activity department staff, therapy department staff, administrators, and resident council members.

The remaining two skilled nursing facilities participating in the iNSPIRE Project will receive their on-site competency training in August.

If you have any questions about your on-site iN2L competency training, you can contact your iN2L Customer Success Manager, Carmeli Hocson, by ext. 180. email or call (303) 806-0797 ext. 180.



We Want to Hear From You!

Do you have pictures of residents engaging with and enjoying the iN2L tablets or 23" Group Engagement system? Or do you have a story of a staff member that has embraced your iN2L program and taken it to new heights?

In the final year of the iNSPIRE Project, we want to highlight the work you've done and share your successes. Don't be shy, we want to hear from you!

Please [email](#) any pictures or stories to Director of CMP Grants, Amanda Davidson, or call (916) 469-3385 with any questions.

Coming Soon

Don't forget to add these important dates to your calendar!

iN2L Tablet Training with Carrie Aalberts

Wednesday, August 31

2:00 p.m. - 3:00 p.m.

Register [here](#)

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2022 Quarterly Reporting Due Dates:

CASPER Report, Quality of Life (QOL), and Activity Participation Surveys

September 16, 2022

December 16, 2022

Go to the iNSPIRE Project [website](#) to download and print the Quarterly Reporting Due Dates form and add it to your program binder or an office bulletin board.

The iNSPIRE Project supports a study including up to 30 residents in our 60 participating skilled nursing communities and includes an evaluation to determine changes over time. Your facility-level CASPER report, Quality of Life (QOL), and Activity Participation surveys are important evaluation tools and your timely submission of these are greatly appreciated every quarter.

[LeadingAge California](#) represents California's broadest spectrum of providers of housing, care and services, serving hundreds of thousands of older adults. It launched the [Age On. Rage On.](#) campaign to spotlight the urgent need to develop a Master Plan for Aging in California. [Click here to read the latest news by LeadingAge California.](#)

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