



Welcome to the August 2021 issue of the LeadingAge California **iNSPIRE** Project's monthly newsletter! Every month, we will share important project updates, best practices, and success stories and pictures. Get ready to be inspired!

The **I**ntegrate **f**u**N**, **S**ustainable, **P**rogramming that is **I**nnovative, **R**ewarding and **E**nriches (**iNSPIRE**) Project provides skilled nursing communities with no-cost iN2L engagement technology, which offers thousands of computer-based experiences aimed at improving quality of life, reducing psychotropic drug use, providing stress relief, and much more.

For more information, visit the iNSPIRE Project [website](#). Funded through a CMP grant awarded by CDPH and CMS Region IX.

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## Quarterly Reporting: Why Your Data Matters

By now, you are very familiar with the quarterly reporting that is a requirement of your participation in the iNSPIRE Project. What you may not be familiar with is the importance of your data and how it supports the project's two outcome goals.

The iNSPIRE project targets your community's census each quarter and evaluates the impact that using iN2L's interactive person-centered technology has on resident quality of life, activity participation, and antipsychotic medication usage. This evaluation supports two outcome goals:

- Reduce antipsychotic use by twenty percent (20%)
- Increase participation in person-centered activities by twenty percent (20%)

The timely submission of your facility-level CASPER report and resident Quality of Life and Activity Participation surveys is essential. Your data allows the iNSPIRE Project to

establish baselines, evaluate trends each quarter, and make decisions on how best to support all 60 participating communities as the project moves forward. Cumulative data is also shared with CDPH and ultimately goes to the CMS Region IX office for final review.

If you have questions about the quarterly reporting, please [register](#) for this month's Best Practices Meeting on Wednesday, August 25 from 2:00 pm - 2:30 pm, where we will be discussing both surveys and the facility-level CASPER report.

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## Full Speed Ahead!

The recent iN2L on-site trainings offered a tutorial for staff members on the three peripherals provided through the iNSPIRE Project. The bike, flight, and drive peripherals were a big hit with staff who then got excited to share the exhilarating virtual experience with their residents!

Pictured below (from left to bottom right) – **Greenridge Post Acute Care** (Richmond), **Eskaton Care Center Fair Oaks** (Fair Oaks), and **Torrey Pines Senior Living** (San Diego).



We want to hear from you! If you'd like to share a photo or story to be featured in this newsletter, click [here](#)!

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## Top 5 Pieces of iN2L Content

If you're looking for fun, popular content for your residents to engage with, here are the top five pieces of iN2L content used during the month of July:

### 1. Bingo

Is your voice getting hoarse from calling Bingo numbers? Use iN2L's Bingo instead, select your caller, and give your vocal chords a rest! This also frees you up to walk around the room and assist residents one-on-one without having to stop the game. *(Under the content "Play" - Bingo)*

### 2. Aquarium

Nothing is more soothing than watching the rhythmic movements of life underwater. Now your residents can experience their own virtual aquarium and with a single touch of the screen, can feed fish or create ripples in the water. *(Under the content "Relax" - Aquarium)*

### 3. The Price is Right

Come on down! You're the next contestant on The Price is Right! Arguably one of the most iconic of American gameshows, your residents can feel like they are part of the action. *(Under the content "Play" - TV Games - The Price is Right)*

### 4. Solitaire

Solitaire is a familiar and enjoyable game to play on the tablets. For residents who like card games, iN2L's Solitaire is an excellent solo activity that can be enjoyed by those with varying levels of mobility. *(Under the content "Play" - Card & Board Games - Solitaire)*

### 5. Karaoke

Let your residents unleash their inner rockstar and sing along to their favorite tunes. iN2L's karaoke content features many songs from a variety of genres and decades of music. *(Under the content "Listen" - Karaoke)*

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## Coming Soon

Don't forget to add these important dates to your calendar!

### **iNSPIRE Project Best Practices Meeting: Surveys and CASPER Report**

Wednesday, August 25

2:00 PM - 2:30 PM

Register [here!](#)

The iNSPIRE Project includes an evaluation of resident quality of life, activity participation, and antipsychotic medication usage in your skilled nursing facility. Your quarterly submission of resident surveys and your facility-level CASPER report provides the data for this evaluation. This month, we'll discuss these surveys and the facility-level CASPER report, when they are due, and how they support the two outcome goals of the iNSPIRE Project.

Attend this 30-minute best practices meeting to get your iNSPIRE Project questions answered. Your support team and your peers will be available to respond to your questions, offer solutions and best practices, as well as share a few tips and tricks. This is an optional and informal meeting designed to support you and the implementation and integration of the iN2L program in your community. These best practices meetings will be held monthly.

### **2021 - 2022 Quarterly Reporting Due Dates:**

#### **CASPER Report, Quality of Life (QOL), and Activity Participation Surveys**

September 17, 2021

December 17, 2021

March 18, 2022

June 17, 2022

September 16, 2022

December 16, 2022

Go to the iNSPIRE Project [website](#) to download and print the Quarterly Reporting Due Dates form and add it to your program binder or an office bulletin board.

The iNSPIRE Project supports a study including up to 30 residents in our 60 participating skilled nursing communities and includes an evaluation to determine changes over time. Your facility-level CASPER report, Quality of Life (QOL), and Activity Participation surveys are important evaluation tools and your timely submission of these are greatly appreciated every quarter.

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[LeadingAge California](#) represents California's broadest spectrum of providers of housing, care and services, serving hundreds of thousands of older adults. It launched the [Age On. Rage On.](#) campaign to spotlight the urgent need to develop a Master Plan for Aging in California. [Click here to read the latest news by LeadingAge California.](#)

Questions? Please Contact Us.

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