

# iNSPIRE

*Quality of Life  
Improvement Project*



Welcome to the April 2022 issue of the LeadingAge California **iNSPIRE** Project's monthly newsletter! Every month, we will share important project updates, best practices, and success stories and pictures. Get ready to be inspired!

The **Integrate fuN, Sustainable, Programming that is Innovative, Rewarding and Enriches (iNSPIRE)** Project provides skilled nursing communities with no-cost iN2L engagement technology, which offers thousands of computer-based experiences aimed at improving quality of life, reducing psychotropic drug use, providing stress relief, and much more.

For more information, visit the **iNSPIRE** Project [website](#). Funded through a CMP grant awarded by CDPH and CMS Region IX.

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## Upcoming Competency Trainings

In June or July of this year, you will receive a second in-person training, a competency training, that will demonstrate learned skills and will provide additional individualized training in areas that you would like to gain further knowledge. We encourage you to invite staff members from all departments to this training as well as resident council members.

Late in the year, your iN2L subscription will come to an end and the 23" Group Engagement system and tablets are yours to keep. Since iN2L follows a monthly subscription model, we encourage you to begin paying for the subscription at the conclusion of the grant-funded 24-months. Begin thinking now about how your community might maintain the monthly subscription at your own cost.

If you have questions about the competency trainings or the iN2L subscription, you can contact iN2L's Customer Success Manager, Carmeli Hocson, by [email](#) or phone at (303) 806-0797 ext. 180.

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## iN2L Senior Living 2022 Report: The State of Engagement and Technology

As the senior living industry continues to adapt and evolve two years into the pandemic, how have new concerns around occupancy and staffing challenges affected the way senior living leaders use and view engagement technology solutions?

iN2L surveyed 111 community leaders in December 2021 and compared their responses with similar surveys conducted in March 2019 and June 2020 on the state of engagement technology within senior living. 98% of senior living leaders say engagement technology is vital to their communities.

Learn more about the annual survey and download the full report [here](#).

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## Coming Soon

Don't forget to add these important dates to your calendar!

### iNSPIRE Project Best Practices Meeting: Using the iN2L Tablet

Wednesday, April 27

2:00 PM - 2:30 PM

Register [here](#)!

Your iN2L tablets are a touch screen device that's easy to hold, easy to sanitize, and empowers older adults of all cognitive and physical abilities to connect with their family and friends and pursue what interests them.

This month, iN2L's Customer Success Manager, Carmeli Hocson, will explore some of the 1,000 pieces of content on the iN2L tablet and provide tips and tricks to increase resident engagement.

### 2022 Quarterly Reporting Due Dates:

CASPER Report, Quality of Life (QOL), and Activity Participation Surveys

June 17, 2022

September 16, 2022

December 16, 2022

Go to the iNSPIRE Project [website](#) to download and print the Quarterly Reporting Due Dates form and add it to your program binder or an office bulletin board.

The iNSPIRE Project supports a study including up to 30 residents in our 60 participating skilled nursing communities and includes an evaluation to determine changes over time. Your facility-level CASPER report, Quality of Life (QOL), and Activity Participation surveys are important evaluation tools and your timely submission of these are greatly appreciated every quarter.

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[LeadingAge California](#) represents California's broadest spectrum of providers of housing, care and services, serving hundreds of thousands of older adults. It launched the [Age On. Rage On.](#) campaign to spotlight the urgent need to develop a Master Plan for Aging in California. [Click here to read the latest news by LeadingAge California.](#)

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