LeadingAge California iNSPIRE Project  
QUARTERLY REPORTING DUE DATES 2020 - 2022

| Quality of Life survey, Activity Participation survey, and CASPER Report Due Date | Report Period |
|---|---|---|
| Friday, December 18, 2020 | October 2020 | November 2020 | December 2020 |
| Friday, March 19, 2021 | January 2021 | February 2021 | March 2021 |
| Friday, June 18, 2021 | April 2021 | May 2021 | June 2021 |
| Friday, September 17, 2021 | July 2021 | August 2021 | September 2021 |
| Friday, December 17, 2021 | October 2021 | November 2021 | December 2021 |
| Friday, March 18, 2022 | January 2022 | February 2022 | March 2022 |
| Friday, June 17, 2022 | April 2022 | May 2022 | June 2022 |
| Friday, September 16, 2022 | July 2022 | August 2022 | September 2022 |
| Friday, December 16, 2022 | October 2022 | November 2022 | December 2022 |

CASPER Report:
- Amanda Davidson (LeadingAge CA) will email these instructions in advance of the deadline.
- Send your CASPER report including dates from the current report period.
- Please also send your SNFs average daily census for the last three months – in an email or written on the CASPER report (this should be ONE cumulative number).
- DO NOT send any of the data sheets behind the report or any resident-level identifiers!
- Scan the one-page facility-level CASPER report and email to adavidson@leadingageca.org – see SAMPLE (page 2).
- You may need to connect with your MDS Coordinator or another staff member to get this report and census information.

Quality of Life and Activity Participation Surveys:
- Carmeli Hocson (iN2l) will email links to complete the surveys in advance of the deadline.
- You will need to complete enough surveys to cover about 20% of your skilled nursing census for the quarter. For example, if your average is about 100 residents, you will need to submit about 20 Quality of Life surveys and 20 Activity Participation surveys.
- The Quality of Life survey has 15 simple questions with easy answers to select from – see SAMPLE (page 2). For each resident, you will go through each question, then hit submit after the 15th question. The Activity Participation survey has six questions and you will hit submit after the 6th question.
- When you have completed your surveys, you will need to notify Carmeli at chocson@in2l.com. Make sure that you include the name of your community and the number of surveys you have completed in your email.
- Your surveys will be polled, and results will be sent back to you for your records.
### Outcome Survey

#### QUALITY OF LIFE

<table>
<thead>
<tr>
<th>Community Org Name</th>
<th>Rate</th>
<th>Date</th>
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#### Emotional Status - Positive

- How much of the time during the past two weeks have you felt full of pep?  
  - Never  
  - Rarely  
  - Sometimes  
  - Most of the time  
  - All the time

- How often have you been able to find joy in life over the past two weeks?  
  - Never  
  - Rarely  
  - Sometimes  
  - Most of the time  
  - All the time

- How often have you felt excited about something over the past two weeks?  
  - Never  
  - Rarely  
  - Sometimes  
  - Most of the time  
  - All the time

- How much of the time during the past two weeks have you felt calm?  
  - Never  
  - Rarely  
  - Sometimes  
  - Most of the time  
  - All the time

- How much of the time during the past two weeks have you had lots of energy?  
  - Never  
  - Rarely  
  - Sometimes  
  - Most of the time  
  - All the time

- How much of the time during the past two weeks have you been happy?  
  - Never  
  - Rarely  
  - Sometimes  
  - Most of the time  
  - All the time

- How often have you felt peaceful over the past two weeks?  
  - Never  
  - Rarely  
  - Sometimes  
  - Most of the time  
  - All the time

- How much time have you felt rested and relaxed over the past two weeks?  
  - Never  
  - Rarely  
  - Sometimes  
  - Most of the time  
  - All the time

#### Emotional Status - Negative

- During the past two weeks, how much of the time has your physical health or emotional problems interfered with your social activities like visiting friends, relatives, etc.?  
  - All the time  
  - Most of the time  
  - Sometimes  
  - Rarely  
  - Never

- How often have you had little interest or pleasure in doing things over the past two weeks?  
  - All the time  
  - Most of the time  
  - Sometimes  
  - Rarely  
  - Never

- How often have you had trouble falling asleep or staying asleep over the past two weeks?  
  - All the time  
  - Most of the time  
  - Sometimes  
  - Rarely  
  - Never

- How often have you had trouble concentrating over the past two weeks?  
  - All the time  
  - Most of the time  
  - Sometimes  
  - Rarely  
  - Never

- How much of the time during the past two weeks have you felt down in the dumps that nothing could cheer you up?  
  - All the time  
  - Most of the time  
  - Sometimes  
  - Rarely  
  - Never

- How often have you felt fidgety or restless over the past two weeks?  
  - All the time  
  - Most of the time  
  - Sometimes  
  - Rarely  
  - Never

- How much of the time during the past two weeks have you felt tired?  
  - All the time  
  - Most of the time  
  - Sometimes  
  - Rarely  
  - Never

- How often have you felt sad over the past two weeks?  
  - All the time  
  - Most of the time  
  - Sometimes  
  - Rarely  
  - Never