Dementia BILL of RIGHTS

Read an in-depth description of all 12 rights in the newly revised *Best Friends Approach to Alzheimer's Care, Second Edition,* coming Fall 2013!



Every person diagnosed with Alzheimer's disease or other dementia deserves:

- To be informed of one's diagnosis
- To have appropriate, ongoing medical care
- To be treated as an adult, listened to, and afforded respect for one's feelings and point of view
- To be with individuals who know one's life story, including cultural and spiritual traditions
- To experience meaningful engagement throughout the day
- To live in a safe and stimulating environment
- To be outdoors on a regular basis
- To be free from psychotropic medications whenever possible
- To have welcomed physical contact, including hugging, caressing, and handholding
- To be an advocate for oneself and for others
- To be part of a local, global, or online community
- To have care partners well trained in dementia care

The Best Friends™ Dementia Bill of Rights by Virginia Bell & David Troxel. Copyright © 2013 Health Professions Press, Inc.