



iNSPIRE Grant Awarded and Aims to Improve the Quality of Life for Isolated Senior Residents While Reducing the Use of Antipsychotics by 20% at Skilled Nursing Facilities in California

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SACRAMENTO, CA – The California Department of Public Health has awarded a grant of \$2.6 million to the LeadingAge California Foundation to implement a computer-based program known as “It’s Never Too Late” (iN2L) in skilled nursing facilities.

This Quality of Life Improvement Grant supports up to 1,800 seniors with cognitive decline, social isolation, or symptoms of depression, and will be rolled-out in the coming months at 60 qualifying skilled nursing facilities throughout California.

The Integrate fuN, Sustainable, Programming that is Innovative, Rewarding and Enriches (iNSPIRE) project provides both member and non-member skilled nursing facilities with the proven iN2L engagement technology which offers more than 4,000 pieces of interactive content, experiences, and activities designed to support the core dimensions of wellness. Proven results of the tool includes 96% of residents who participated had a feeling of joy all or most of the time, 95% of the residents who participated felt calm, 98% felt peaceful or rested and relaxed, and 95% felt no feelings of hopelessness. Past studies of the program also include a 50% reduction in residents requiring antipsychotics.

“While social distancing during the coronavirus pandemic is protecting California’s older adults in skilled nursing facilities, it also brings with it, increased social isolation and loneliness,” says Jeannee Parker Martin, LeadingAge California’s Chief Executive Officer. “Through the implementation of iN2L’s person-centered engagement, the project will connect and engage older adults with the world around them through wellness and engagement content including exercise videos and cognitive and therapy content. Also included in the software are thousands of technology-enabled experiences including puzzles, virtual travel, spiritual and history. Together with reminisce content, digital biographic and a memory training coach, the program delivers a full spectrum of engagement opportunities.”

For more information, contact LeadingAge California’s Grant Manager, Amanda Davidson at (916) 469-3385 or adavidson@leadingageca.org.

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About LeadingAge California

LeadingAge California represents nearly 700 members of housing, care and services for older adults – including affordable senior housing, life plan communities, assisted living, skilled nursing, home- and community-based care and business partners and residents. LeadingAge California spans the full continuum of care in its advocacy, educational programs and public relations helping its members serve the needs of hundreds of thousands of the state’s older adults.

About iN2L

iN2L offers content-driven engagement to support social interaction, cognitive and physical exercise and therapy, education, reminiscing, areas of interest, memory support, and more with touch screen systems ideal for both group engagement and individual experiences.