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LeadingAge California, National Well Home Network and partners secure funding for innovative housing-based population health system

California Integrated Care at Home (CICH) is a housing-based health system

LeadingAge California and the National Well Home Network received \$295,000 to design a housingbased population health system for older adults and people with disabilities, called California Integrated Care at Home (CICH). The system empowers residents to obtain the health care and services needed to meet their health and wellness goals. CICH connects community-based organizations and health care systems to serve entire neighborhoods by embedding care teams at housing sites.

"As those of us working in the aging community know, housing is health care," said Meghan Rose, LeadingAge California general counsel and director of social impact initiatives and housing policy. "The CICH system provides a bold approach that meets vulnerable populations where it is most convenient and beneficial – at home. By integrating care with housing services, we can work toward ensuring all Californians can age with dignity."

CICH proposes a population health system that organizes housing providers, traditional health providers, public health, academics, long-term care and community-based organizations into a team of providers that supports a large population in a flexible and cost-efficient manner.

Congregate housing neighborhoods, such as affordable senior living communities, create service delivery efficiencies because people live in close proximity. This model creates a cost-effective system of partnerships and communication networks that can address health inequities for thousands of Californians.

The CICH approach follows an evidence-based model (Support and Services at Home®) with proven health, quality of life, and cost benefits. The system will provide an avenue for California to meet the long-term care needs of low- and middle-income individuals, while bridging the gap in health care access to underserved populations and immigrant households where language barriers increase health inequities. This system will be designed in collaboration with California's existing healthcare and long-term care programs and is in alignment with the Master Plan for Aging's focus on reimagining health and prioritizing housing for all ages and stages.

RRF Foundation for Aging granted \$170,000, matched by \$50,000 from the Archstone Foundation to the National Well Home Network to provide technical assistance to LeadingAge California. RRF Foundation for Aging is dedicated to improving the quality of life of older people. The Archstone Foundation's mission is to improve the health and well-being of older Californians and their caregivers.

LeadingAge California also raised a combined \$75,000 from Retirement Housing Foundation, LifeSTEPS, and USA Properties to fund CICH. The planning process will be guided by an Advisory Committee comprised of CICH founding partners the Ziman Center for Real Estate at the UCLA Anderson School of Management and Valon Consulting, along with local, state, and national leaders in housing and aging.

For more information, please contact Meghan Rose, Esq., LeadingAge California general counsel and director of social impact initiatives and housing policy, at <u>mrose@leadingageca.org</u> or (916) 469-3372.

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LeadingAge California represents California's broadest spectrum of nonprofit providers of senior living and care, serving hundreds of thousands of older adults and nearly 700 providers of care. It launched the Age On. Rage On. campaign to spotlight the urgent need to develop a Master Plan for Aging in California. Click here to read the latest news by LeadingAge California.

The National Well Home Network's mission is to create an integrated system of supports that empower seniors to age well – how and where they choose.