

## Module Three Test

<b>1. Which of the following is one sign of the six signs of death?</b>	
A.	The eyes close
B.	Body temperature drops
C.	The mouth closes
D.	The family cries
E.	The nurse pronounces the resident dead.
<b>2. Which of the following are signs of death?</b> Choose all that apply.	
A.	There is no heartbeat, and the resident has stopped breathing.
B.	The eyes are open because the muscles that control the eyelids relax.
C.	The mouth is closed because the jaw muscles contract.
D.	The resident turns purple.
E.	The resident appears very pale.
<b>3. The goals of post-mortem care are to prepare the remains, and to create a comfortable environment for the resident's family.</b>	
A.	True
B.	False
<b>4. Anyone can legally declare someone dead.</b>	
A.	True
B.	False
<b>5. Post-mortem activities include which of the following?</b> Choose all that apply.	
A.	Create a pleasing atmosphere for the family.
B.	Close the eyes and the mouth.
C.	Prepare the remains.
D.	Position the body in the bed.
E.	Cleanse the body.
<b>6. Which of the following are comforting words you can say to a grieving family?</b>	
A.	Stop crying.
B.	I'm sorry for your loss.
C.	I can relate.
D.	Which mortuary should I call?

<b>7. Grief is:</b> Choose all that apply.	
A.	Intense
B.	Immediate
C.	Simple
D.	Difficult
E.	Avoidable
<b>8. Which of the following are stages of the grieving process?</b> Choose all that apply.	
A.	Suicide
B.	Numbness
C.	Denial
D.	Acceptance
E.	Violent thoughts
<b>9. Wailing is one of the five aspects of grief.</b>	
A.	True
B.	False
<b>10. What do we know about the grieving process?</b> Choose all that apply.	
A.	There is no "right or wrong" way to grieve.
B.	Most people grieve for about 13 months after a loved one dies.
C.	Everyone passes through the five stages of grieving in the same order.
D.	Everyone experiences every stage of grief.
E.	Everyone cries when a loved one dies.
<b>11. Match the five stages of grief to their descriptions.</b>	
Stage	Descriptions
A. Denial	A temporary defense against feeling grief.
B. Bargaining	People "bargain with fate" to avoid dying like their loved one.
C. Sadness	Overwhelming feelings of sadness, pain, and loss.
D. Anger	The need to blame someone or something for the loss.
E. Acceptance	Finding the good that can come from loss, pain and healing.

**12. Grief is a process with 5 stages that people go through in order, from Denial to acceptance.**

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| A. | True  |
| B. | False |

**13. How can caregivers help themselves when a resident dies?**

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|----|---|
| A. | Be aware of your own feelings                             |
| B. | Confide in someone you trust                              |
| C. | Honor the resident's memory with a service or celebration |
| D. | Talk to a Hospice Spiritual Counselor                     |
| E. | All of the Above  |